I’LL SPEAK UP BY:

TELLING AN ADULT
BEING A FRIEND
GETTING INVOLVED

I’LL ACT NOW!

GET TO KNOW YOUR TEACHER
Clarence gets along great with Ms. Baker so he knows he can always talk to her about bullying. To make speaking up to your teacher easier, get to know three new things about them!

TALK ABOUT BULLYING WITH A PARENT OR GUARDIAN
Gumball knows who to talk to about bullying - his parents! And you should talk to your parent or guardian as well. To practice, make up a bullying situation and act out the conversation.

MAKE A NEW FRIEND
A powerful way to prevent bullying is by making new friends. Just ask Steven! He knows that friends make going to school more fun and bullying less likely to happen.