

PACER's National Bullying Prevention Center and Cartoon Network's Stop Bullying: Speak Up have partnered to inspire kids across the nation to make a difference by including someone. We are excited to share the "Include Someone" kit to help educators bring inclusion into the classroom.



Here are helpful things to know about your "Include Someone" kit:

1. What's in the kit and how do I use it? The reverse side of this letter outlines all the materials, along with details on how to set up and share the resources.
2. Encourage students to share that they are being inclusive, and their state will be added to an interactive online map.
3. Win an "Inclusion Storytelling Event" for your school. Register your students' acts of inclusion to be eligible for the event.

Thank you for helping to create environments where youth include each other.

Keep up the amazing work,
 PACER's National Bullying Prevention Center and
 Cartoon Network's Stop Bullying: Speak Up

What's In Your "Include Someone" Kit

Kits have materials for up to 50 elementary school aged students to encourage inclusive acts.

Poster: One 18 x 24 poster for display on wall or table.

"How Will You Include Others" Flyers: Ten 8 ½ x 11 with fill-in-the-word bubble templates, which once completed can be shared or displayed.

Inclusion Stickers: Five 8 ½ x 11 perforated sheets of 10 durable decals per sheet, for a total of 50 stickers.

Inclusion Cards: Five 8 ½ x 11 perforated sheets each containing 10 business sized cards (front and back), for a total of 50 cards.



How To Use Your "Include Someone" Kit

Step One: Prepare

- Determine a time and location to present the materials
- Organize the materials, such as on a table or other surface. When possible, display the poster where everyone can easily view it.

Step Two: Educate

- Show the "Include Someone" PowerPoint, through IncludeSomeone.com or with print copies, which talks about inclusion and why it matters
- Ask everyone to think through how they can include someone
- Invite everyone to record their idea on the "How Will You Include Others" flyers in five words or less, and then display the completed flyers for everyone to see
- After recording ideas, invite everyone to take an "Inclusion Sticker"
- Offer one of the "Inclusion Cards," which suggest additional ways to be inclusive

Step Three: Act

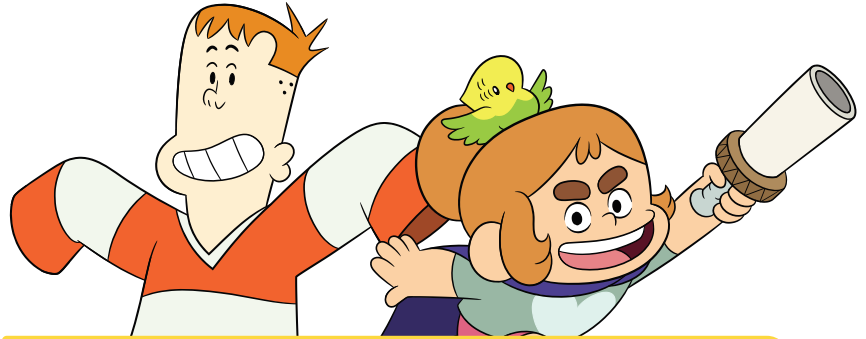
- Then, encourage everyone to go ahead and include! At lunch, recess, online—wherever they think they can make a difference.
- The final step: RECORD! Go to IncludeSomeone.com and participate for your state to be added to our interactive map.
 - As an educator, record your classroom's acts of inclusion for a chance to win an Inclusion Storytelling Event at your school
 - As a class, encourage students to record that they included

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INCLUDE SOMEONE, MAKE A DIFFERENCE



**WHAT IS
INCLUSION?**



The act of inviting and involving others so that they are welcomed, valued, and supported.

WHAT YOU CAN DO!

1 THINK

Write five words (or less) to share how you will include others.

Get a free sticker!

2 ACT

Now go ahead and include! At lunch, recess, online - wherever you can make a difference.

Take an inclusion card for more ideas.

3 RECORD

Go online and tell us where you included someone.

Visit the interactive map to see your state represented.

WWW.INCLUDESOMEONE.COM



HOW WILL YOU INCLUDE OTHERS? (IN 5 WORDS OR LESS)





**SPEAK UP:
INCLUDE
OTHERS!**



**CHOOSE TO
INCLUDE!**



**INVITE,
INVOLVE, &
INCLUDE!**



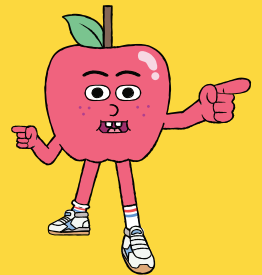
**ALWAYS
INCLUDE!**



**STOP BULLYING
BEFORE
IT STARTS!**



**TOGETHER
WE INCLUDE!**



**EVERYONE'S
INCLUDED!**



**CREATE A
WORLD WITHOUT
BULLYING!**



**SAY
HI!**



**INCLUDE
SOMEONE
TODAY!**



BE PATIENT WITH
THOSE WHO DO
THINGS IN A
DIFFERENT WAY

STOP SPEAK
BULLYING UP 

TELL SOMEONE
YOU'RE HAPPY
THEY'RE PART
OF YOUR SCHOOL

STOP SPEAK
BULLYING UP 

INVITE SOMEONE
LOOKING FOR A
PLACE TO SIT TO
JOIN YOUR CREW

STOP SPEAK
BULLYING UP 

SAY "GOOD
MORNING" TO
SOMEONE WALKING
TO CLASS ALONE

STOP SPEAK
BULLYING UP 

NOTICE IF SOMEONE
IS ALONE AT RECESS
AND ASK IF THEY
WANT TO JOIN YOU

STOP SPEAK
BULLYING UP 

GIVE A SINCERE
COMPLIMENT
ABOUT SOMETHING
WELL DONE

STOP SPEAK
BULLYING UP 

THANK SOMEONE
YOU'VE NEVER
SPOKEN TO FOR
SOMETHING THEY
DO EVERY DAY

STOP SPEAK
BULLYING UP 

INTRODUCE
YOURSELF TO
SOMEONE NEW

STOP SPEAK
BULLYING UP 

LEARN SOMETHING
NEW ABOUT A PEER

STOP SPEAK
BULLYING UP 

ASK SOMEONE HOW
THEIR DAY IS GOING
AND REALLY LISTEN
TO THE ANSWER

STOP SPEAK
BULLYING UP 